

Dear Friends, Teachers and Masters;

On behalf of Shaolin Legacy -World Tai Chi and Qigong Festival organization committee, I cordially invite you and your organization to join in this unprecedented Tai Chi Qi Gong Festival for Katrina Disaster Relief to promote a healthy body and a healthy mind. This global health and natural healing festival will feature various styles of ancient Shaolin and Taoist Qi Gong, Tai Gong and Tai Chi presentations and teaching workshops and seminars to fit every level of Tai Chi and Qigong studying individuals' needs. The event will be starting from October 14 thru October 16, 2005 at Georgia Perimeter College on the Clarkston Campus, 555 N Indian Creek Dr. Clarkston, GA in Atlanta Metropolitan area.

Kungfu Sanshou and K-1 fighter Patrick Barry of the Liu Institute, New Orleans will host Kick-A-Thon and Stance-A-Thon on behalf of Master De Ru to help Katrina disaster Survivors after the Shaolin Legacy Show and . Patrick Barry who is one of the Katrina survivors turns around to help others in need.

On Behalf of the great Master of the Shaolin Temple, China, the Zen spiritual leader, His holiness Shi Su Xi, Shi De Ru, the 31st generation Master of the Shaolin Temple, will present seminars and workshops focusing on releasing emotional and mental stress to facilitate healing. He will also be conducting breathing exercises and Tai Gong, a set of energy empowerment exercise techniques compiled from ancient Chinese medical exercise therapy, Qi Gong and Tai Chi.

We will have a Mass Tai Chi and Qigong (Chi Kung) exhibitions to be held on Clarkston Campus, to educate all citizens about the benefits of the Traditional-Chinese-Medicine exercises of Tai Chi and Qigong (Chi Kung). Many other world-renowned masters will conduct seminars and workshops throughout the weekend such as Chen ZhengLei from Chen's Village, the birth place of Tai Chi, Shi DeYang, from the Shaolin Temple, the birth place of Zen (Chan), ancient healing Qi Gong exercise therapies and martial arts, as well as Wang Zheng and others.

Many seminars and workshops will focus on body and mind health, body and mind communication; self generated natural drugs and mechanism of self-healing. There will be a large group meditation for global peace and harmony. For more information contact us at 251-343-6023 or 678-300-8031; www.usaskf.org; www.liuinstitute.com

Peace,

Event Coordinators

Susan Goucher, Paul Bai, Jian Nan Xiang

Shaolin Legacy –World Tai Chi and Qigong Festival Committee